Using your home photo studio: portrait lighting explained

Start with a simple setup:

**Soft lighting**

- Place a softbox or similar light source on one side of the subject.
- Use a reflector to bounce light back onto the subject's face.

**Backdrop lighting**

- Use a softbox or strip light on the other side of the subject.
- Place a reflector to diffuse the light and add a subtle sheen.

**Using reflections**

- Place a mirror or a reflective surface near the subject.
- Use it to create a second light source and add depth to the image.

**Strike a pose... for a great selection**

- Experiment with different poses and expressions.
- Shoot from multiple angles for versatility.

Use one soft box for the main light source.